



Kat Odell

Kat is a food and travel journalist. She is the author of *Unicorn Food*, a plant-based cookbook hinged on medicinal ingredients, as well as low-alcohol cocktail book, *Day Drinking*.

Kat was the inaugural Editor of Eater Drinks, and before that she spent five years as the Editor of Eater LA. Kat has been published in Vogue, New York Times' T magazine, Travel + Leisure, Conde Nast Traveler, Bloomberg, Food + Wine, among many others.

She has appeared on numerous television shows, including as a series regular on Bravo's Eat Drink Love, and FYI's Midnight Feast.

She also works as a journalist and "TasteHunter" for The World's 50 Best Restaurants organization, and creates bespoke pop-up dining events for leading hotel brands, such as Auberge Resorts and Palm Heights.

Career

Editor of Eater Drinks & Eater LA

Journalist and "TasteHunter" for The World's 50 Best Restaurants organization

Creates pop-up dining events for leading hotel brands, such as Auberge Resorts and Palm Heights.

Books

Unicorn Food

Day Drinking

Social Media



[@kat_odell](https://www.instagram.com/kat_odell)

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